NEWSLETTER - TERM 1 WEEK 4 - 2015

EVENTS AT A GLANCE

February

Friday 20  Friday run
Berrima Carpathon
Saturday  Berrima Carpathon con’t
Welcome drinks @ Surveyor Inn - 5pm 9:00pm Live music, great food.
Sunday  Berrima Carpathon
Sunday 22  Berrima School Yard Markets
Monday 23  District Swimming Carnival—Bowral
Meet the Teachers 6:00p.m - School Plan session
6:20pm - Classroom session
6:45pm - Tea/Coffee in the kitchen
Friday 27  Friday Run
Schools Clean Up -11:30-1:00pm parents welcome

Thank You Building Volunteers

Our Volunteer building team were in again on Saturday morning. We now have a wonderful ramp in place at the side of the kitchen to allow access to the deck without having to go through the kitchen. This will be extremely useful when we are having large functions such as the Lantern Walk, to allow a circular access greatly reducing congestion through the doorways.

Meet the Teachers / Meet the Parents

Next Monday evening, 23 February, will be an opportunity to meet with your child’s teacher. This will help you find out about what will be happening in their class this year and provide a chance to ask any questions you may have. Meet the teacher evening begins at 6:00p.m.

This year will be a little different in that there will be an introductory session by myself and Mrs Young-Whitford. We will be talking about the School Strategic Plan for the coming three years. This plan has been developed in consultation with staff and is now being introduced to a wider audience for comment.

Following this session teachers will be available in their classrooms to reveal their plans for the coming year working with your children. At 6:45pm there will be a light supper in the kitchen to complete the night.
Schools Clean Up Day

Friday February 27 we will be part of the annual Schools Clean Up Australia, Day. This has been a longstanding tradition of assisting to clean up our part of Berrima and some of the surrounding streets. Kindergarten and Year 1/2T will be working in the school playground. Year 2W will be working around the cross country track. Year 3/4C will be cleaning some of the street frontages close to the school in the top part of the village. Year 4/5P will be cleaning up the main street and some of the parkland. Year 5/6 will be working along the River walk and the adjacent parkland.

Parents are welcome to come and join in with the clean up. The clean up will begin at 11:30, except for year 5/6, as they will be working in the garden at that time. Year 5/6 will work on their area after lunch.

Children are welcome to bring along a pair of gloves to help protect their hands. Teachers will have some disposable gloves available.

Ice Blocks

A reminder ice blocks are available every day for 50 cents.

School Photos

Our school photo day will be on Thursday 5 March. Today your child/ren will bring home their photo envelopes explaining payment details. Rather than handing out family order forms to every family, we ask parents to collect them from the office. As orders can now be placed online, each envelope is now personalized with students name and an ordering code to make it easier. If your child loses their envelope, their opportunity to order online will be lost.

I ask that all envelopes and monies be brought in on photo day and that they go directly to the class teacher NOT the office.

Joshua enjoying creativity and fun.
2015 Bong Bong Swimming Carnival

Our 20 Berrima swimmers enjoyed a great day of competition at Bowral Pool in such great weather. Merryn Corney was named Senior Girl Champion on the day and there were a lot of proud people watching her receive her trophy. We have 6 swimmers going on to District Carnival at Bowral Pool on Monday 23rd of February. All students were excellent school representatives and competed with pride and respect for others.

A special mention to Phoebe Pratten who showed excellent perseverance and conquered a couple of fears on the day swimming her 50 metre backstroke and then filling in on the junior relay. Phoebe has never competed in a 50 metre competitive event but her style was noticed at our carnival and she was encouraged to participate at Bong Bong. She completed both races with courage and did a fabulous job on both events.

Our Final Results:

Merryn 1st 100m Freestyle, 1st 50m Freestyle, 2nd 50m Breaststroke, 1st 50m Backstroke, 1st 50m Butterfly and qualified fastest for the medley race.

Patrick 2nd 100m Freestyle, 2nd 50m freestyle, 3rd 50m Breaststroke, 3rd 50m backstroke, 2nd 50m butterfly

Luke - 3rd 50m Freestyle

Tate - 1st 50m Breaststroke,

Liam - 3rd 50m Backstroke

Sophie - 2nd 50m Freestyle, 3rd 50m backstroke, 3rd 50m Butterfly

Ayla - 2nd 50m Freestyle, 1st 50m breaststroke

Ava - 3rd 50m Backstroke

Courteney - 3rd 50m Freestyle, 2nd 50m Backstroke
STUDENT WELFARE

Adapted from: Parenting Ideas- Michael Grose.
Here are 5 golden rules to guide you along your parenting journey in 2015. These may well be life-changing skills that if learned, are capable of impacting significantly and positively on future generations.

1. **Build confidence:** With anxiety being recognized in some children it may be possible that we are experiencing a crisis in children’s confidence. Being able to absorb children’s fears, insecurities and anxieties & instilling a sense of confidence will help children understand that these can be happily overcome. Using encouragement, coaxing, coaching and cajoling parents can impart a sense of courage to have the go at activities where failure could be a real possibility. Helping & contributing to the wellbeing of others, will also reduce anxiousness and fear.

2. **Build developmental knowledge:** Appropriate age parenting – treating children at the level of their age, not down playing or relating to them as an adult. The age of 9 can be a problematic age, where children suddenly start changing & puberty is stirring.

3. **Swim against the tide:** The media alerts us to the fact we live in an incredibly judgemental society & parents are harshly judged as well, whether we allow our children to walk to school or if we drive them. It takes a strong parent to stand by their decisions, even when it is not allowing children to have what others may have or be doing. It helps to say “This is the way we do it in our family.”

4. **Be brave:** Letting go of the parental reigns and giving kids the freedom they need to develop at age appropriate times - developing children’s independence at home when the stakes are lower e.g. cooking & other house & garden tasks. However, outside the home is a different story & has an element of risk, which is why parents need to be brave in having the courage to let go. This is a basic requirement of parenting, it won’t stop you worrying but that’s part of the process.

5. **Add emotional intelligence to your parenting mix:** While Berrima & other schools are now introducing emotional and social programs, through the chaplaincy program & in the curriculum, it’s important that parents also develop a deep understanding of how emotions work. Recognizing emotions & how they can work for or against us; regulating our emotions so we’re not overwhelmed by them; and how to recognise and respond to the emotions of others are all beneficial life skills to learn for ourselves & teach to our children.

Netty Dubokovich...Chaplain....SpeakLife
Gourmet pizza base

Serves 16

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Equipment</th>
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</thead>
<tbody>
<tr>
<td>2 (300g) cups plain flour (can use strong or bread flour)</td>
<td>Pizza trays</td>
</tr>
<tr>
<td>7g sachet dried yeast</td>
<td>Pastry brush</td>
</tr>
<tr>
<td>1/2 teaspoon caster sugar</td>
<td>Stand mixer with flat beater &amp; dough hook</td>
</tr>
<tr>
<td>Good pinch salt</td>
<td>Scales or cup measures</td>
</tr>
<tr>
<td>150mls warm water</td>
<td>Measuring spoons</td>
</tr>
<tr>
<td>50mls olive oil</td>
<td>Measuring jug</td>
</tr>
<tr>
<td>Extra olive oil for greasing</td>
<td>Cling wrap</td>
</tr>
<tr>
<td>Extra plain flour for dusting</td>
<td>Mixing bowl</td>
</tr>
<tr>
<td></td>
<td>Pastry sheet to roll dough</td>
</tr>
<tr>
<td></td>
<td>Rolling pin</td>
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</tbody>
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Method

1. Preheat oven to 230C (210C for fan forced oven). Lightly grease 2 pizza trays.
2. Attach the flat beater to the stand mixer. Place flour, yeast, sugar and salt into the bowl. Mix on speed 2 until combined. Add the tepid water and oil and mix until dough just comes together. Charge attachments and place on the dough hook.
3. Knead on speed 2 for 4 minutes or until dough is smooth and elastic. Remove the dough (with lightly floured hands) to a clean lightly oiled mixing bowl. Cover and set aside in a warm place for 15 minutes.
4. Halve the dough and roll out or press out into the pizza trays. (for a thick dough crust: the dough can be covered and placed in a warm place for 10 minutes)
5. Spread with sauce and choice of toppings. We used basil pesto and fresh tomato slices with basil leaves and cheese.
6. Bake 20 minutes or until crisp and golden.
CHUTNEY CLUB

Looking forward to productive afternoon!

Issues,
can't have them in the kitchen because of safety, share the supervision of children in the sandpit, but I'll join us Mondays from 3-4pm in the kitchen. We can make chutney and relish is a great way to make use of this excess and raise some funds for the kitchen.

Making chutney and relish is a great way to make use of this excess and raise some funds for the kitchen.

Please leave jars on the table making preserves to sell in Moss Vale show.

The kitchen classes are

Please remove the labels.

(Or smaller) are preferred.

Clean glass jars with lids, 250ml size wanted.

MRS. HEBBARD

Thanks,
Treasurers Report:

Bal at 31.1.2015 $23,055.17
*currently to pay school $601.81 for pool day in term 4...also $895.45 for standing orders sub-
scription...library books. Total $1497.26 Also owe Danni Brooker $19.95.
Tim confirmed that the money for the deck was no longer coming from P&C funds

Market Report
Latesha has been working hard to bring new stallholders in and breathe new life into the markets. Stalls in October last year were 12 and for Feb this year are projected to be 48. In acknowledge-
ment of the amount of work involved and the time spent a motion was put forward that she
should receive 50% of market stall fees for the February market and this payment would be re-
viewed and then formalised. Moved Megan, vote YES.
Under current DA the stalls are capped at 50 so not much can be done to grow the markets bigger,
however stall fees can increase as they become more successful or when other events com-
bine to bring in bigger crowds. I.e. Artfeast, Carpathon etc. Further discussions to be held as to
how to appropriately remunerate this position. Latesha has many ideas about activities the
school can run to support the markets including opening the kitchen as a café and art classes.
Further discussions are required as to whether some of these activities may require a financial
inducement or reward for those involved.
One-off expenses for new banners already approved by executive $450
Megan moved for further expenditure to be approved up to $670 to cover advertising and the pur-
chase of new signage and outdoor setting for the markets. Vote YES.

Principals Report (attached)
Kitchen and garden lessons are now three groups. Request that P&C provide extra funding to
cover these lessons and also a whiteboard for new classroom at a cost of approx $10,000.
Clearer picture of P&C annual expenditure to be presented at next meeting.
Due to the costs and time associated with Southern Stars and the relatively small number of chil-
dren who get to participate, it has been decided we will not be involved this year.
A calendar of all events for the year to be made available soon.

Southern Highlands Spring Auto Fair.
Darren Freer gave a presentation explaining this was a fund raising event to provide a very spe-
cific item for the local cancer clinic. A ‘Freeze cap’ which helps to minimise hair loss for those
undergoing chemotherapy. As this is very much a local initiative he has asked that the school
host the fair on the 27th Sept on the oval. This will coincide with a market day. Event will be cov-
ered under existing DAs. Parking may be an issue but he will be talking to the owners of the
large block of land at the end of the street. Is hoped this will become an annual event.
Motion unanimously passed to support this endeavour.
Motion passed to provide Deb Hebbard with $140 woolworths card per term so she can keep the
kitchen supplied with basic items.
Meeting closed 9.30pm

Next meeting AGM 16 March. Meet the teachers Monday 23 Feb 6pm
Welcome drinks
Saturday night 21st February 2015
Surveyor General Hotel, Berrima - Major Sponsor
5pm – 9pm
P & C are putting together some great raffles, its also a
fantastic opportunity to all get together and support this major event.
All funds raised from the raffle and carpathon go to our school
Drinks/food etc at your own cost.
The success of our carpathon is now in our hands....
See you there!!
Happy Carping
Pete V.P

Carpathon – P & C organised THIS WEEKEND all funds go to our school.
Thanks to all those who have volunteered to help out on the weekend. I still need some BBQ helpers on Saturday from 1pm – 3pm. Please let me know if you can help out.

A registration form is attached to this newsletter for those you wanting to compete over the weekend. Sutton Forest McDonalds is sponsoring the first 100 children that register so it’s more than likely that no children will have to pay a registration fee.

Even if you’re not fishing over the weekend it’s worth coming to one of the ‘weigh in’ sessions at the end of the day (or lunchtime Sunday) to see all the carp that will be brought in.

Registration forms and payment can be handed in at the “Carpathon Registration Desk” in the park, from 7am each morning of the carpathon.

Let’s hope the sun shines and the carp are biting.

Megan
M: 0413 482 731
E: moorefamily21@bigpond.com
Berrima Public School P&C Meeting
Monday 9 February 2015

Meeting opened 7.35pm  Chaired by Megan Moore

Attendance:  Megan Moore, Pete Goulder, Denise Howes, Lonni Bedson, Jane Lawler, Alayne Clancy, Melissa Pratten, Emma Blake, Gep Blake, Danielle Brocker, Hilary Balmond, Latesha Cassar, Tracey Carter, Darren Freer, Vera Pospisil, Tim Ryan, Anita Young-Whitford

Apologies:  Anna Clarke, Michelle Butcher, Kimmo, Maree Goulder

Family voting fees for 2015 received from:
Pratten, Blake, Brocker, Balmond, Cassar, Freer

Adopt minutes previous meeting.  Moved Jane, seconded Denise

Matters arising from previous meeting.

As was planned the kitchen deck was built over the holidays with the exception of the balustrade. Denise organising a quote for glass with ‘flattop’ as a proposed second option. Jane submitted invoices and made special mention that Ogden Timber supplied materials at cost price and Home Hardware gave a significant discount. Proposed that letter of thanks be sent to both business.
So far cost for the deck are approx. $7,500 excluding balustrade.

Carpathon plans.
Previously the Council has made a significant contribution to this event (about $4000) which has covered insurance costs etc. This year they don’t intend to give as much because money comes from the environment levy and they don’t feel that the Carpathon represents value for money for the rate payers. We are still receiving sponsorship from the Shed Company and McDonalds but the financial returns are an unknown quantity at this time as registration only happens on the day. Hoping for a good turnout to this event and also the markets which are on Sunday.
At this stage Kangaloon are the only other school participating and we plan for our 4/5/6 group to fish on Friday.
A BBQ is running on Sunday and volunteers are needed.
A study group from Wollongong Uni will also be attending.
Correspondence in/out: Bank statements, invoices in. Money also received from Sutton Forrest for uniforms. Thank you letter sent out to Berrima Town Life.
We have received a Regional Arts grant in support of our Lantern Walk. Jo has two artists in mind to run workshops to support the installations. She expects one to take on an Aboriginal theme which will also fit in with the school curriculum.
This year the lantern walk will happen on a Friday night in June, closest to the winter solstice as it is felt that a mid-week event is too difficult to manage.

Uniform Report:
Balance of $7,500 in bank with $3,500 to go out
Principal's Report

February 9, 2015

P & C Meeting

Berrima Public School 2015

Anita Young-Whitford is now formally working in the position of Assistant Principal, welcome her to our meeting.
We have finally had confirmed that we have our 6th class
The classroom has been ordered,
I requested consideration of getting a BER module from Sutton Forest
That move is in the lap of the gods
We are currently reviewing our sun safe policy in the light of some children getting sunburnt at the end of year pool party last year.
Local firm with a new product to support slip slop slap and wrap
Sunglasses

School Planning

Currently undertaking development of our three year strategic plan
As a staff we have identified three strategic directions
Quality Teaching and Learning
Writing (Community of Schools focus)
Continued emphasis on maths particularly working mathematically
Creativity
Creativity, Curiosity and fun (school)
Doing things together (Hub schools)
Student Well-being
Positive Behaviour for Success
Playground upgrade
Sandpit
Chessboard
Cubby zone
Planning Process 5 P’s explanation
Strategic Directions 2015 – 2017
Areas requiring funding assistance in 2015
Kitchen lessons – moved to three groups. 2 hours extra Deb time per week
Garden time – also moved to three groups. Probably won’t need to carry over all terms therefore no change.
Aide time we need one extra day per week to adequately support the classes. Will be some cost involved
School play
New classroom – interactive whiteboard
Lantern Walk – Resident Artist $2500 grant however may need resource assistance
Less on resources as we will be getting a lot of Sutton Forest resources
MAGIC MARKET THIS SUNDAY!

Kitchen Café:

Open selling delicious coffee and homemade cakes, muffins, slices. We would appreciate very much if our parents could contribute to this by way of baking these sweets or doing a shift (see Michelle or Alissa or Laney). By this café being a success it shows off our wonderful kitchen to prospective groups who may hire it and adds to the atmosphere of our market. Please contact Michelle on 0435093255 regarding what you are making (in order to avoid double ups).

If you could drop them off Sunday morning when you come to visit that would be so great.

Muscle power:

I need a person to help James and myself in the morning to set up and myself in the afternoon to pack things away. This will involve some lifting. Your help would be greatly appreciated!!

The Oyster guy is coming, the fresh vegetables are coming, and the bread guy, so consider stocking up on these delicious items for the week ahead. By doing so you will be supporting our stall holders who have come on blind faith to give our market a crack and if they do well they will return the following month.

It will seriously be a great market and well worth your time to visit!

Thanks guys.

Latesha
info@theschoolyardmarkets.org
043800 4421
2015 BERRIMA CARPATHON

REGISTRATION FORM

FISHING SESSIONS:
Friday 20th February  12pm- 4pm  Saturday 21st
February  8am – 4pm  Sunday  22nd  February
8am – 12pm

REGISTRATION WILL TAKE PLACE FROM 7.00am ON FRIDAY, SATURDAY AND SUNDAY MORNINGS AT THE ‘CARP TENT’ IN THE MARKETPLACE PARK, BERRIMA. YOU MUST BE REGISTERED TO HAVE YOUR ENTRIES RECORDED AND WEIGHED.

WEIGH IN WILL TAKE PLACE AT THE END OF EVERY FISHING SESSION AT THE MARKETPLACE PARK, BERRIMA. DAILY PRIZES WILL BE AWARDED AT THIS TIME.

NAME:__________________________________________________________

ENTRY FEE:  $10 PER CHILD☐ $15 PER ADULT☐ $25 PER FAMILY☐

ONE OFF ENTRY FEE ALLOWS YOU TO FISH ALL WEEK-END!

AGES(IF UNDER 18):

SCHOOL ATTENDED:____________________________________________

EMAIL ADDRESS:______________________________________________

ADDRESS:_____________________________________________________

CONTACT NO:__________________________________________________

EMERGENCY CONTACT NAME AND PHONE NUMBER:__________________

I, the undersigned, state that I accept and agree to abide by the rules and conditions laid down for this competition. I agree to indemnify Berrima Public School P&C Association and its officials from any claim for any damage, loss, or injury incurred during this competition.

Signed:______________________________________
(Parent or Guardian if under 18)
COMMUNITY NEWS

Mittagong Blue Light Disco

Venue: Mittagong RSL
Date: Saturday 28th February 2015
Times: 4pm to 6.30 pm
Cost: $5.00 per child 4 – 14 years
Parents and children under 3 free.

NETBALL GALA DAY

SHNA Netball Gala Day on Saturday 21 February
9.30 - 12.30 at Eridge Park. Register with a club for
the 2015 season or come and learn about netball in
the Highlands. Join in the fun with face painting,
sausage sizzle, games and activities for all.

EXCITING EVENT COMING
TO BOWRAL

Wingecarribee Aboriginal Cluster Group (WACG) are
proud to present the first ever….
Wingecarribee Aboriginal Community Services Expo
& Family Fun Day!!

Things to expect on the day:
40+ information stalls from a huge range of services to the area including employment, health, disability, aged care, carers, mental health, AMS, Centrelink, Transport, Law Access, employment & a heap of fun too…
The hilarious Sean Choolburra will be MC for the day!!
Performances by traditional dancers and singing groups,
jumping castles, fly wall, mechanical surf boards, koori-oke, petting zoo, face-painting,
lucky door prizes and many more giveaways

………..and don’t forget the free feed too!!
Grab your mob and come on down!!
When: February 20th Time: 2-7pm
Where: 15-17 Kirkham Rd, Bowral
Free Transport is available: Please call Janice
at Southern Highlands Community transport Ph: 48723722

Raising Emotionally
Intelligent Children
and Managing Difficult
Behaviour

6 WEEK PARENTING COURSE FOR PARENTS WITH 2-6 YEAR OLD S

Focusing on:
- Strategies to help parents manage diffi cult behaviour (eg tantrums, non-compliance, aggression)
- Emotion Coaching Parenting and how to help children regulate emotions

Run by Community Health Child and Family Psychologists

WHEN
Tuesday Mornings 9:30 – 11:30 am
24th February – 31st March 2015

WHERE
Henrietta Rose Room (in front of Bowral Library)
Bendocooly Street, Bowral.

CONTACT
Julie, Keille or Megan to
Register before 19th February
(02) 4861 8042

Football NSW
Southern Branch
Football Club

Southern Branch Football Club is seeking boys for its U11 Skills
Acquisition Program (SAP) and an U12 goalie and girls for the U9, U10 & U11
SAP teams. Teams compete within regional leagues and against elite Sydney
teams. Contact Matthew Shepherd on
0419 925 006 for information before 23
February 2015.

SOUTHERN