## EVENTS AT A GLANCE

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>August</td>
<td>Library lessons today due to Children’s Book Week Parade</td>
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<tr>
<td>Monday 18</td>
<td>Running Clinic 8 to 12 year olds</td>
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<td>Tuesday 19</td>
<td>Children’s Book Week Parade and Book Fair. Parade 9:10 a.m.</td>
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<td>Wednesday 20</td>
<td>NO DANCE TROUPE</td>
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<tr>
<td>Friday 22</td>
<td>Regional Athletics Carnival—Canberra</td>
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<td>Tuesday 26</td>
<td>Canteen</td>
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<tr>
<td>Friday 29</td>
<td>Friday run</td>
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<tr>
<td>September</td>
<td>Year 4/5/6 Goldfields Experience Campout</td>
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## Exciting Week

What a pleasure it was to travel to Canberra last week with the children from Kindergarten, Year 1 and Year 2/3. All the children were very responsible and were settled on the bus trip. The experience at the zoo was very enjoyable. Thanks to the parent helpers who came along and assisted with taking groups of children exploring around the zoo. The zoo guides provided a wonderful close up and personal experience for all the children. Thank you to Mrs. Young-Whitford for organizing such a great excursion for our children. There will be pictures on display under the Cola from later today.

Mr Ryan and Yr 2/3 enjoying the zoo.
Caitlin from Kinder keeping a close eye on the snake!!

Kemp from Yr 2/3 feeling very relaxed with the snake!

Amelia from Kinder careful not to lose her fingers while she feeds the giraffe.

Henry from Kinder feeding the tiger.

Hugh and other students from Yr2/3 & Yr 1 having fun at the zoo.
Book Club

The “Connect to Reading” Book Character Parade will commence at 9:10am under the Cola. Parents, friends and children are then invited to come to the Book Fair in the Library. There will be no sales until after the Book Parade.

Regional Athletics

The following students; McKenzie [redacted] and Courtney [redacted] will compete as our school / Bong Bong / District representatives. We wish them the very best of luck at the upcoming Regional Athletics Carnival in Canberra this Friday. I am sure they will be wonderful school representatives.

P & C NEWS

SCHOOL MARKETS

A big thank you to James and Danni Brooker, Alisha Winley, Tim Ryan, Julia Freer, Hilary Balmond, Kylie Moore, Caroline Verity, Elly Grenfell and Maree Goulder and her sister for all helping out at the markets last weekend. The strong winds ended up creating havoc with gazebos so the markets were closed earlier than usual. Thank you to Danni who ran around collecting stallholder fees on the day. The next markets are scheduled for 14th September.

THE NEXT BIG THING...

In November this year the annual Arts Trail and Arts Festival will be held. After discussion with the Arts representative from Council, Berrima Public School will be taking part in the Festival on the weekend of the 8th/9th November. Over this weekend we will be holding some children’s art workshops, holding an art exhibition and hosting our ‘strawberry tea’ from the kitchen. We also plan to run a stall selling all things “Old School”, featuring old maps, furniture and other knick knacks that we will need help sourcing. The name we are giving to this event is ‘Art Feast’. Please let me know if you are interested in being involved or being on the organising committee. Thanks, Megan

m: 0413 482 731 e:moorefamily21@bigpond.com
STUDENT WELFARE

Excerpt from Michael Grose - Parenting Ideas “Raising Exceptional Kids”:

Discipline is one of the most important parts of parenting. It’s about keeping kids safe, making them social and enhancing their chances of success. It’s also about getting more co-operation from kids.

Discipline is easy if you have easy kids or they are in an easy stage of development.

But getting cooperation from kids who are challenging, going through a ‘difficult’ stage or who have difficult temperaments is a real discipline challenge for many parents.

Get it right and family-life is a breeze. Don’t have a plan and parenting can be a constant struggle.

Well-behaved kids: Effective parents use a broad range of strategies to promote appropriate behaviours and change behaviour when it’s less than perfect.

They also use strategies that are in line with modern teaching and child care method, so smacking is out but consequences, behaviour rehearsal and other forms of teaching kids to behave well are in.

Keep the following five principles in mind as you teach your kids to behave well:

1. Avoid the first impulse when kids misbehave. Most children’s misbehaviour has a pay-off, so it’s important to change yourself, if you are going to change your children’s misbehaviour.

2. The more time you spend teaching kids to behave well the less time you’ll spend responding to poor behaviour.

3. Kids want good A-grade attention from parents. If they don’t get it they will settle for B-grade every time. Make sure you spend 1-on-1 time with kids each day, and get better at catching them doing the right thing.

4. When you get tired you revert to your lowest level of parenting technique, so if that means yelling to get cooperation then that’s what you’ll do. The key is to practise better techniques when you aren’t stressed, so that when you do get tired your responses will be better.

5. Effective parents have a big repertoire of strategies to use when kids misbehave, rather than rely on one or two techniques to improve behaviour. Build your repertoire of tools and language to promote better behaviour and get cooperation from kids.

For more ideas to bring out best behaviour & get cooperation in your kids: You’ll get plenty of great behaviour management ideas and parenting advice at Parenting ideas Club, where you can get expert advice at every stage of your child’s development.

Netty Dubokovich.  Chaplain ........ “Speak Life !!!”

Programs for the holidays

Camp Wombatoo - owned and operated by The Outdoor Education Group (OEG) is offering 2 new programs during the holidays at the end of term 3.

Firstly - We will be running a Family Adventure Camp. You are invited to book in for the weekend and take part in a full adventure program!

We are also running 5 individual Holiday Day Camps during the second week of the holidays for young people between 8 – 16 years old.

All information can be found at http://www.campwombatoo.org.au/school-holiday-camps/

Any questions, please feel free to call me.

Lynne Vaughan

Business Development - NSW

The Outdoor Education Group

Direct Line: 0408 835 234

Website: http://oeg.org.au